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Three Key Elements for Success

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一个有使命感的银行家
A Banker with the Sense of Social Mission
Greetings! I am deeply honored to be invited to give the 2012 commencement speech at your university. I would like to offer my personal congratulations to all of you. I also want to express my good wishes to your family. You have completed a major accomplishment in your life and you are moving on. In addition, I would like to give my deep appreciation to all the administration, faculty and staff of Shenyang Normal University for providing an optimal learning environment for you.

As an overseas Chinese faculty, I would like to take this opportunity to talk about the future and also share some of my personal life history.

You will leaving the campus soon. Some of you will continue your studies going on to graduate programs. But many of you will be joining the workforce. You will be part of the 9 to 5 generation. Further, you want to find a good job, find your soul mate, have a family and buy a house. This is what most people do. I would like to bring your attention to the following:

1. Life is purposeful and goal oriented. We all have passion and aspirations. Passion is very important. You will be able to create a meaningful life if you follow your goals and passion.

2. You need to overcome barriers in life. You need to be persistent.

We must create the life we want to lead. Everyone has experienced failures and frustrations. Failure is part of life. We need to persist and not be fearful of obstacles. Behind every success story is a tale of many failures. Your probability

**Let me share three key elements for success.**

a. Empowerment: Empowerment comes from knowing your weaknesses and take efforts to overcome these shortcomings. Make a determination to surpass yourself and gain confidence.
强里又包含了\,\,觉醒\,\,动机和改进自己。"

我们每个人\,\,一生下来\,\,要有了能改变命运\,\,征服环境\,\,升华自己的本能\,\,只是大多数人\,\,都是生长在恶劣保护的家庭\,\,长大后就成了一个安份守己\,\,征服环境是成功的第一把金匙。

B. 成功的第二把金匙 - 磨练

自强是一个人要增进自己的信心和力量\,\,要改变自己的命运\,\,然而要自强的人\,\,究竟能做到多少呢\,\,能不能说难呢\,\,这就叫磨练了。人为什么会需要磨练？人为什么需要磨练？原来人在遇到困难时\,\,往往会有害怕退怯的情绪\,\,或有控制不了的欲望冲动\,\,一个无法控制这些情欲的人\,\,就会面对不了现实\,\,以至解决了问题。“所谓磨练\,\,也就是训练一个人的能力\,\,在遇到困难时\,\,能有力量\,\,能控制不稳定的情绪\,\,而去找到解决问题的方法。”

C. 成功的第三把金匙 - 理想

在人生的道路上\,\,一个人要走得远\,\,除了要自强和磨练外\,\,还需要有理想或目标。当一个人有了理想和目标后\,\,不论这个理想是大是小\,\,人人都会产生一种热爱和力量来完成自己的心愿。这个能完成理想的力量是与生俱来的\,\,并不需要是个伟人\,\,“只要有理想\,\,只要能去做\,\,你就能比别人走得远。”

平凡人做出不平凡的事。美国的 CNN 每年就要选出一个“英雄”来（CNN heroes）\,\,英雄的条件就是\,\,平凡的人能做出不平凡的事。2011 年的得奖人罗宾•林（Robin Lim）是个美国妇女\,\,她是菲律宾人的后裔\,\,有菲律宾\,\,中国\,\,和印度尼西亚人的血统\,\,罗宾 15 岁高中没毕业\,\,就离家出走\,\,在一家旅馆里做女工\,\,随后又和中学时代的恋人结了婚\,\,19 岁就生下了一个孩子\,\,到了 24 岁\,\,就和第一任先生离了婚\,\,离婚后的罗宾带着两个小孩来到了夏威夷\,\,为了谋求一技之长\,\,她就到大学里的成人班选修写作。老师教她写作的技巧是\,\,要打开自己的心\,\,要用爱心去写\,\,这样文章才能写得好\,\,写得多感情\,\,从那时起\,\,罗宾说\,\,她学会了\,\,如何开心心胸\,\,如何去关怀别人。

罗宾的妹妹小八时\,\,没去医院\,\,在是家生产时\,\,那天罗宾也在一旁帮忙产妇接生\,\,有了这个经验\,\,从此她就对在家接生产生了极大的兴趣\,\,后来她跟着朋友学习了接生婴儿必须要有的知识和技术\,\,或凭着自己的努力\,\,考过并得到了美国的执照\,\,允许她到家帮助妇女接生婴儿\,\,从此她嫁了生产妇（midwife）\,\,就成为了她工作中重要的一部份。

1998 年印度尼西亚政治发生大变动\,\,总里苏哈托被迫下台\,\,国家动荡不安\,\,社会经济发展停滞\,\,人民生活不振\,\,罗宾看到这种情形\,\,动了悲天悯人之心\,\,毅然下定决心\,\,就和第三任先生去了印度尼西亚\,\,要帮助当地的穷人\,\,他们来到了一个山区\,\,在那里罗宾帮助了穷苦的山地妇女在家中生产\,\,她看到山中的妇女对生育和避孕都太过无知\,\,于是又开始教

and power. In order to empower yourself\,\,you need to have true reflections\,\,motivations and continue to improve. We are
born with the internal drive to be better and internal desire to transcend. Many of you have led a life well protected and now it is time for you to face the world.

b Endurance: How far can you go in life depends on how much you can endure. Many of us give up when we are faced with challenges. Many of us are dominated by fear and fear of failure. We need to overcome our fear and have to encourage to face the challenges in life.

c. Ideal: Besides being empowered and having endurance, we also need to have goals in life. You need to have a dream and follow your dream. If you think you can, you can.

Ordinary people can do extraordinary things. CNN has a program that shares the heroes in the world. In 2011\,\,Robin Lim was selected as a hero. She came from the Philippines and is the descendant of a mixture of Indonesian\, Chinese and Phillipino. She left home at the age of 15 and worked as in hotel and got married. She gave birth to her child at the age of 19 and divorced from her first husband at the age of 25. She moved to Hawaii and went to college. She learned to write and began to write with her heart.

When her sister gave birth at home\,\,Robin was there to help. She learned to be a midwife. Eventually\,\,she persevered and received her license to be a midwife. This was a turning point in her life.

In 1998\,\,Robin moved to Indonesia with her third husband. Indonesia was going through turmoil and she went to the remote hillside and helped the poor. She taught the local women about child birth and natural birth control. She then returned to the United States.

In 2002\, Bali was terrorized and Robin learned about the plight of the Indonesian people. She returned to Indonesia and opened a clinic. She sought the financial help of friends, families and kind people. The clinic continues to help poor people and also helped the homeless during the tsunami.

When her story was aired by CNN\, she touched the heart of many. People were in tears by watching what she had done. Indeed\, ordinary people can do extraordinary things. Robin is